

Coca Cola Regional Club Challenge - Leg1 - 23/02/2019**CCRCC-1****Pareisis Sports Ground****Results - CCRCC-1****Event 1 Women Shot Put**

	Name	Team	Seed	Finals	Points
Flight 1					
1	Botha, Karlien	Qsb Windhoek Hochland Sport AC		11.29m	10
2	Kujandeka, Virginia	Unam Athletics Club		11.14m	8
3	Emamdien, Ashneen	Unam Athletics Club		7.10m	6
4	Kuppe, Hella	Qsb Windhoek Hochland Sport AC		6.95m	5

Event 2 Men Javelin Throw

	Name	Team	Seed	Finals	Points
Flight 1					
1	Smith, Johan	Qsb Windhoek Hochland Sport AC		59.20m	10
2	Kuhn, Koena	Qsb Windhoek Hochland Sport AC		53.63m	8
3	Huber, Ludwig	Qsb Windhoek Hochland Sport AC		52.05m	6
4	Van Wyk, William	Rehoboth Athletics Club		46.73m	5
5	Viljoen, Manie	Qsb Windhoek Hochland Sport AC		44.28m	4
6	Van Zyl, Johan	Qsb Windhoek Hochland Sport AC		43.89m	3

Event 3 Women 400 Meter Hurdles

	Name	Team	Seed	Finals	Points
Section 1					
1	Louw, Chantelle	Qsb Windhoek Hochland Sport AC		1:17.57	10
2	Huber, Cindy	Qsb Windhoek Hochland Sport AC		1:18.16	8
---	Huber, Xu	Qsb Windhoek Hochland Sport AC		NT	

Event 5 Men Triple Jump

	Name	Team	Seed	Finals	Points
Flight 1					
1	Makari, Greg	Unam Athletics Club		13.26m	10
2	Kisting, Ginaldo	Unam Athletics Club		12.82m	8

Event 6 Women High Jump

	Name	Team	Seed	Finals	Points
Flight 1					
1	Minin, Meriam	Unam Athletics Club		1.45m	10

Event 7 Women Javelin Throw

	Name	Team	Seed	Finals	Points
Flight 1					
1	Botha, Karlien	Qsb Windhoek Hochland Sport AC		26.20m	10
2	Kujandeka, Virginia	Unam Athletics Club		25.88m	8
3	Huber, Xu	Qsb Windhoek Hochland Sport AC		22.22m	6
4	Tjiramba, Jeomba	Unam Athletics Club		21.52m	5
5	Kuppe, Hella	Qsb Windhoek Hochland Sport AC		14.35m	4

Event 8 Men 100 Meter Dash

	Name	Team	Seed	Prelims	
Heat 1 Preliminaries					
1	Ndeilenga, David	Namibia Correational Services		12.06 Q	1
2	Hoxobeb, Mauritz	Namib Lions Athletics Club		12.17	1
2	Maritzane, Gregerio	Unam Athletics Club		12.17	1
---	Daries, Morgan	Unam Athletics Club		NT	1

Coca Cola Regional Club Challenge - Leg1 - 23/02/2019**CCRCC-1****Pareisis Sports Ground****Results - CCRCC-1****Heat 1 Preliminaries ... (Event 8 Men 100 Meter Dash)**

Name	Team	Seed	Prelims	
--- France, Simion	Cheetah Athletics Club		NT	1

Heat 2 Preliminaries

1 Gurirab, Dantago	Golden Cheetah Athletics Club		10.94 Q	2
2 Kamuaruuma, Sidney	Namib Lions Athletics Club		11.02 q	2
3 Coetzee, Loinel	Swakop Striders		11.05 q	2
4 Kaanjuka, Hitjivirue	Nampol Athletics Club		11.49	2

Heat 3 Preliminaries

1 Narib, Ernst Gideon	Nampol Athletics Club		11.14 Q	3
2 Tjiramba, Ismael	Unam Athletics Club		11.19	3
3 Ludwig, Dwayene	Swakop Striders		11.31	3
4 Kalonda, Kenneth	Unam Athletics Club		11.79	3

Heat 4 Preliminaries

1 Diergaardt, Sandro	Rehoboth Athletics Club		11.09 Q	4
2 Tjiviju, Even	Namibia Correational Services		11.26	4
3 Hummel, Raymond	Swakop Striders		11.34	4

Event 8 Men 100 Meter Dash

Name	Team	Prelims	Finals	Points
Section 1 Finals				
1 Gurirab, Dantago	Golden Cheetah Athletics Club	10.94	10.72	10
2 Narib, Ernst Gideon	Nampol Athletics Club	11.14	10.76	8
3 Diergaardt, Sandro	Rehoboth Athletics Club	11.09	10.81	6
4 Coetzee, Loinel	Swakop Striders	11.05	10.94	5
5 Kamuaruuma, Sidney	Namib Lions Athletics Club	11.02	10.95	4

Event 9 Women 100 Meter Dash

Name	Team	Seed	Finals	Points
Section 1				
1 Humavindu, Mbaandja	Unam Athletics Club		13.64	10
2 Gom-Khais, Queen	Swakop Striders		14.00	8
3 Isak, Rauha	Cheetah Athletics Club		17.27	6

Event 10 Women Discus Throw

Name	Team	Seed	Finals	Points
Flight 1				
1 Botha, Karlien	Qsb Windhoek Hochland Sport AC		35.65m	10
2 Huber, Xu	Qsb Windhoek Hochland Sport AC		24.75m	8
3 Emamdien, Ashneen	Unam Athletics Club		21.60m	6
4 Kuppe, Hella	Qsb Windhoek Hochland Sport AC		13.60m	5

Event 11 Women 800 Meter Run

Name	Team	Seed	Finals	Points
Section 1				
1 Gustaf, Shekupe	Namibia Correational Services		2:27.33	10
2 Amutana, Helena	Olupale Athletics Club		2:30.55	8
3 Mulundu, Tangi	Unam Athletics Club		2:39.75	6
4 Huber, Cindy	Qsb Windhoek Hochland Sport AC		2:42.15	5
5 Geno, Annelie	Rehoboth Athletics Club		2:55.43	4
6 Eelu, Rauna	Namibia Correational Services		3:06.34	3

Coca Cola Regional Club Challenge - Leg1 - 23/02/2019**CCRCC-1****Pareisis Sports Ground****Results - CCRCC-1****Event 12 Men 800 Meter Run**

	Name	Team	Seed	Finals	Points
Section 1					
1	Lisias, Teofelus	Cheetah Athletics Club		2:00.40	10
2	Mogotsi, Venericus	Namib Lions Athletics Club		2:00.78	8
3	Paulus, Simon	Kakadinwa		2:01.43	6
4	Mavenjono, Uhorera	Namibia Correational Services		2:02.36	5
5	Shikongo, Christmas	Cheetah Athletics Club		2:06.63	4
6	Paulus, Daniel	Kakadinwa		2:07.59	3
7	Taapopi, Andreas	Unam Athletics Club		2:10.08	2
8	Angula, Martin	Olupale Athletics Club		2:20.04	1
9	Nanhapo, Hennis	Olupale Athletics Club		2:31.08	
---	Moses, Jonas	Swakop Striders		NT	
---	Paulus, Sakeus	Qsb Windhoek Hochland Sport AC		NT	
---	Kapembe, Arnoles	Namibia Correational Services		NT	
---	Skrywer, Johannes	Namib Lions Athletics Club		NT	
---	Kasanga, Petrus	Namib Lions Athletics Club		NT	

Event 13 Men Long Jump

	Name	Team	Seed	Finals	Points
Flight 1					
1	Diergaardt, Sandro	Rehoboth Athletics Club		7.38m	10
2	Coetzee, Loinel	Swakop Striders		7.10m	8
3	Klaasman, W	Nampol Athletics Club		6.51m	6
4	Lilonga, Mathew	Unam Athletics Club		5.46m	5

Event 14 Women 200 Meter Run

	Name	Team	Seed	Finals	Points
Section 1					
1	Humavindu, Mbaandja	Unam Athletics Club		27.78	1 6
2	Kneist, Joana	Swakop Striders		28.16	1 5
Section 2					
1	Tjipekapora, Herunga	Nampol Athletics Club		25.67	2 10
2	Ludgeres, Johanna	Unam Athletics Club		27.60	2 8

Event 15 Men 200 Meter Run

	Name	Team	Seed	Finals	Points
Section 1					
1	Narib, Ernst Gideon	Nampol Athletics Club		22.00	1 10
2	Hummel, Raymond	Swakop Striders		22.74	1 5
3	Kandimba, Festus	Unam Athletics Club		23.62	1 2
4	Daries, Morgan	Unam Athletics Club		25.49	1
5	Mainelo, Muntalike	Unam Athletics Club		26.79	1
Section 2					
1	Tjiviju, Even	Namibia Correational Services		22.68	2 6
2	Theophilus, Cassy	Namib Lions Athletics Club		23.29	2 3
3	Hengari, Titus	Unam Athletics Club		23.97	2 1
4	Goagoseb, Kelvin	Namib Lions Athletics Club		24.42	2
5	Tjirombora, Zeranduapi	Namibia Correational Services		25.92	2
Section 3					
1	Kamuaruuma, Sidney	Namib Lions Athletics Club		22.06	3 8

Coca Cola Regional Club Challenge - Leg1 - 23/02/2019**CCRCC-1****Pareisis Sports Ground****Results - CCRCC-1****Section 3 ... (Event 15 Men 200 Meter Run)**

	Name	Team	Seed	Finals		Points
2	Kalonda, Kenneth	Unam Athletics Club		23.05	3	4
3	Maritzane, Gregerio	Unam Athletics Club		24.86	3	

Event 16 Women Long Jump

	Name	Team	Seed	Finals		Points
Flight 1						
1	Mayova, Globine	Nampol Athletics Club		4.89m		10
2	Junias, Olivia	Nampol Athletics Club		4.85m		8
3	Minin, Meriam	Unam Athletics Club		4.51m		6
4	Nambambi, Theresia	Unam Athletics Club		3.79m		5

Event 17 Men Shot Put

	Name	Team	Seed	Finals		Points
Flight 1						
1	Kuhn, Koena	Qsb Windhoek Hochland Sport AC		13.37m		10
2	Williams, Ryan	Qsb Windhoek Hochland Sport AC		12.04m		8
3	Seibeb, Clark	Omaruru Athletics Club		11.88m		6
4	Araeb, L. P	Nampol Athletics Club		11.86m		5
5	Makumbi, Felix	Unam Athletics Club		10.02m		4
6	Labuschagne, Jaco	Qsb Windhoek Hochland Sport AC		9.51m		3
7	Kuhanga, Jeremia	Namib Lions Athletics Club		6.68m		2

Event 18 Men Discus Throw

	Name	Team	Seed	Finals		Points
Flight 1						
1	Williams, Ryan	Qsb Windhoek Hochland Sport AC		41.77m		10
2	Kuhn, Koena	Qsb Windhoek Hochland Sport AC		37.54m		8
3	Huber, Ludwig	Qsb Windhoek Hochland Sport AC		34.23m		6
4	Labuschagne, Jaco	Qsb Windhoek Hochland Sport AC		33.37m		5
5	Seibeb, Clark	Omaruru Athletics Club		28.69m		4
6	Van Wyk, William	Rehoboth Athletics Club		28.02m		3
7	Araeb, L. P	Nampol Athletics Club		27.98m		2
8	Isaac, Finety	Unam Athletics Club		27.63m		
9	Makumbi, Felix	Unam Athletics Club		26.60m		1
10	Kuhanga, Jeremia	Namib Lions Athletics Club		13.69m		

Event 20 Women 400 Meter Run

	Name	Team	Seed	Finals		Points
Section 1						
1	Gustaf, Shekupe	Namibia Correactional Services		1:00.62	1	10
2	Amutana, Helena	Olupale Athletics Club		1:05.97	1	6
3	Kneist, Joana	Swakop Striders		1:08.22	1	4
Section 2						
1	Mulundu, Tangi	Unam Athletics Club		1:03.95	2	8
2	Ludgeres, Johanna	Unam Athletics Club		1:06.19	2	5

Event 21 Men 400 Meter Run

	Name	Team	Seed	Finals		Points
Section 1						
1	Bock, Mahmad Alexander	Unam Athletics Club		51.05	1	10

Coca Cola Regional Club Challenge - Leg1 - 23/02/2019**CCRCC-1****Pareisis Sports Ground****Results - CCRCC-1****Section 1 ... (Event 21 Men 400 Meter Run)**

	Name	Team	Seed	Finals		Points
2	Kandimba, Festus	Unam Athletics Club		53.32	1	5
3	Kawiwi, Enock	Namib Lions Athletics Club		56.40	1	4
4	Moses, Jonas	Swakop Striders		58.82	1	3
5	Petrus, Onesmus	Olupale Athletics Club		1:02.81	1	1

Section 2

1	Stefanus, Leevi	Olupale Athletics Club		51.59	2	8
2	Hengari, Titus	Unam Athletics Club		52.80	2	6
3	Isaac, Finety	Unam Athletics Club		1:01.67	2	2

Event 22 Men High Jump

	Name	Team	Seed	Finals		Points
Flight 1						
1	Klaasman, W	Nampol Athletics Club		2.05m		10
2	Shaningwa, Renaldo	Qsb Windhoek Hochland Sport AC		1.90m		8
3	Samantu, Emmanuel	Unam Athletics Club		1.85m		6
4	Lilonga, Mathew	Unam Athletics Club		1.75m		5