

Coca Cola Regional Club Challenge Series 2020 Leg2 - 22/02/2020**CCRCCS-2-2020****Pareisis Sport Fileds****Results - AN-Session****Women 100 Meter Dash Senior Women**

Name	Team	Seed	Prelims	
Heat 1 Preliminaries Wind: -0.7				
1 Nangula, Jade	University of Namibia AC		14.20 Q	1
2 Huber, Xu	Qsb Windhoek Hochland AC		14.40 Q	1
3 Katjimune, Jessica	Rietfontein Nys AC		15.39 q	1
4 Kandonga, Assera	Rietfontein Nys AC		16.10	1
Heat 2 Preliminaries Wind: -0.4				
1 Ishitile, Lahjia(T11)-guide	Namib Lions AC		13.40 Q	2
2 Fikunawa, Hanganeni	University of Namibia AC		13.43 Q	2
3 Humavindu, Mbaandja	University of Namibia AC		13.45 q	2

Women 100 Meter Dash Senior Women

Name	Team	Prelims	Finals	Points
Section 1 Finals Wind: 1.5				
1 Ishitile, Lahjia(T11)-guide	Namib Lions AC	13.40	12.87	
2 Fikunawa, Hanganeni	University of Namibia AC	13.43	12.94	
3 Humavindu, Mbaandja	University of Namibia AC	13.45	13.09	
4 Nangula, Jade	University of Namibia AC	14.20	13.43	
5 Huber, Xu	Qsb Windhoek Hochland AC	14.40	13.72	

Women 200 Meter Run Senior Women

Name	Team	Seed	Finals	Points
Section 1 Wind: -0.6				
1 Ishitile, Lahjia(T11)-guide	Namib Lions AC		27.33	1
2 Tjingaete, Silba	Ndf Athletics Club		28.46	1
3 Ingashipola, Lindaw	Olupale AC		29.53	1
4 Kandonga, Assera	Rietfontein Nys AC		31.57	1
Section 2 Wind: -0.4				
1 Nangula, Jade	University of Namibia AC		28.37	2
2 Hango, Josephina	Olupale AC		29.97	2
3 Ihatji, Rovisa	Rietfontein Nys AC		30.00	2
Section 3 Wind: 0.7				
1 Kangumba, Zemburuka	University of Namibia AC		26.77	3
2 Vass, Nandi	University of Namibia AC		26.80	3
3 Humavindu, Mbaandja	University of Namibia AC		27.21	3
4 Haitembu, Ndawana	University of Namibia AC		27.67	3

Women 400 Meter Run Senior Women

Name	Team	Seed	Finals	Points
Section 1				
1 Ingashipola, Lindaw	Olupale AC		1:09.94	1
2 Unona, Elizabeth	Rietfontein Nys AC		1:17.59	1
Section 2				
1 Ihatji, Rovisa	Rietfontein Nys AC		1:06.11	2
2 Huber, Cindy	Qsb Windhoek Hochland AC		1:12.26	2
Section 3				
1 Vass, Nandi	University of Namibia AC		1:04.14	3
2 Kangumba, Zemburuka	University of Namibia AC		1:06.26	3
3 Haitembu, Ndawana	University of Namibia AC		1:07.54	3
4 Iithete, Frieda	University of Namibia AC		1:11.51	3

Coca Cola Regional Club Challenge Series 2020 Leg2 - 22/02/2020**CCRCCS-2-2020****Pareisis Sport Fileds****Results - AN-Session****Section 3 ... (Women 400 Meter Run Senior Women)**

Name	Team	Seed	Finals	Points
--- Hango, Josephina	Olupale AC		DQ	3

Women 800 Meter Run Senior Women

Name	Team	Seed	Finals	Points
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Section 1

1	Shapwa, Victoria	Namibia Correctional Services	2:54.60	
2	Huber, Cindy	Qsb Windhoek Hochland AC	2:55.60	
3	Namupala, Alma	Namibia Correctional Services	3:12.20	

Women High Jump Senior Women

Name	Team	Seed	Finals	Points
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Flight 1

1	Daniels, Whitney	Rehoboth Athletics Club	1.45m	
2	Minin, Meriam	University of Namibia AC	1.40m	

Women Long Jump Senior Women

Name	Team	Seed	Finals	Wind	Points
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Flight 1

1	Iithete, Frieda	University of Namibia AC	4.88m	NWI	
2	Cloete, Cay-Lee	Windhoek Gymnasium AC	4.63m	NWI	
3	Rukoro, Fabiola	University of Namibia AC	4.37m	NWI	
4	Minin, Meriam	University of Namibia AC	4.22m	NWI	
5	Nambambi, Theresia	University of Namibia AC	4.10m	NWI	
---	Mboma, Christine	Unattached	DQ	NWI	

Women Triple Jump Senior Women

Name	Team	Seed	Finals	Wind	Points
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Flight 1

1	Cloete, Cay-Lee	Windhoek Gymnasium AC	9.92m	NWI	
2	Botha, Porche	Windhoek Gymnasium AC	9.40m	NWI	
3	Daniels, Whitney	Rehoboth Athletics Club	8.51m	NWI	

Women Shot Put Senior Women

Name	Team	Seed	Finals	Points
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Flight 1

1	Kujendeka, Virginia	University of Namibia AC	11.76m	
2	Botha, Karlien	Qsb Windhoek Hochland AC	11.33m	
3	Silver, Tuane	Windhoek Gymnasium AC	11.05m	
4	Louw, Demi	University of Namibia AC	10.04m	
5	Botha, Mianey	Windhoek Gymnasium AC	9.17m	
6	Kuppe, Hella	Qsb Windhoek Hochland AC	6.58m	
7	Shivolo, Silvia (F37)	Namib Lions AC	5.96m	
8	Haitekalute, Martha(F37)	Namib Lions AC	5.15m	

Women Discus Throw Senior Women

Name	Team	Seed	Finals	Points
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Flight 1

1	Botha, Karlien	Qsb Windhoek Hochland AC	34.82m	
2	Silver, Tuane	Windhoek Gymnasium AC	34.60m	
3	Louw, Demi	University of Namibia AC	29.35m	

Coca Cola Regional Club Challenge Series 2020 Leg2 - 22/02/2020**CCRCCS-2-2020****Pareisis Sport Fileds****Results - AN-Session****Flight 1 ... (Women Discus Throw Senior Women)**

	Name	Team	Seed	Finals	Points
4	Botha, Mianey	Windhoek Gymnasium AC		25.49m	
5	Huber, Xu	Qsb Windhoek Hochland AC		23.08m	
6	Haitekalute, Martha(F37)	Namib Lions AC		14.11m	
7	Kuppe, Hella	Qsb Windhoek Hochland AC		13.90m	
8	Shivolo, Silvia (F37)	Namib Lions AC		13.58m	

Women Javelin Throw Senior Women

	Name	Team	Seed	Finals	Points
Flight 1					
1	Botha, Karlien	Qsb Windhoek Hochland AC		27.49m	
2	Silver, Tuane	Windhoek Gymnasium AC		26.66m	
3	Huber, Xu	Qsb Windhoek Hochland AC		23.23m	
4	Kuppe, Hella	Qsb Windhoek Hochland AC		15.36m	

Men 100 Meter Dash Senior Men

	Name	Team	Seed	Prelims	
Heat 1 Preliminaries Wind: -0.7					
1	Cloete, Valencio	University of Namibia AC		11.52 Q	1
2	Goagoseb, Kelvin	Namib Lions AC		11.67	1
3	Shiluama, Sisel	Cheetah Athletics Club		12.33	1
4	Gabriel, Abraham	Rietfontein Nys AC		12.41	1
Heat 2 Preliminaries Wind: -0.7					
1	Desiderius, Bonifatius	Ndf Athletics Club		11.70 Q	2
2	Nambudu, Filemon	Cheetah Athletics Club		11.73	2
3	Shikongo, Annanias(T11)-guide	Welvitchia 77 AC		11.92	2
Heat 3 Preliminaries Wind: -0.3					
1	Appols, Gregor	University of Namibia AC		11.36 Q	3
2	Humann, Jurie	Qsb Windhoek Hochland AC		11.65	3
3	Krems, Lesego	Namib Lions AC		11.71	3
4	Ashipala, Tangeni(T46)	Namibia Paralympic-Erongo		12.35	3
Heat 4 Preliminaries Wind: -0.7					
1	Bock, Mahmad	University of Namibia AC		11.01 Q	4
2	Kamuurumua, Sydney	Namib Lions AC		11.08	4
3	Balzer, Galvin	Namib Lions AC		11.47	4
Heat 5 Preliminaries Wind: -0.9					
1	Nambala, Johannes (T12)	Welvitchia 77 AC		11.54 Q	5
2	Theron, Konrad	Windhoek Gymnasium AC		11.55	5
3	Bock, David	University of Namibia AC		11.79	5
Heat 6 Preliminaries Wind: 0.3					
1	Theophilus, Cassy	Namib Lions AC		11.44 Q	6
2	Tjirmaba, Ismael	University of Namibia AC		11.47	6
3	Namupala, Adelbert	Rietfontein Nys AC		12.52	6
Heat 7 Preliminaries Wind: -0.4					
1	Diergaart, Sandro	Nampol Athletics Club		10.96 Q	7
2	Urikhob, Jessy	Nampol Athletics Club		11.01	7
3	Murere, Hatogo	Nampol Athletics Club		11.16	7

Coca Cola Regional Club Challenge Series 2020 Leg2 - 22/02/2020**CCRCCS-2-2020****Pareisis Sport Fileds****Results - AN-Session****Men 100 Meter Dash Senior Men**

Name	Team	Prelims	Finals	Points
Section 1 Finals Wind: 3.0				
1 Bock, Mahmad	University of Namibia AC	11.01	10.68	
2 Diergaart, Sandro	Nampol Athletics Club	10.96	10.78	
3 Cloete, Valencio	University of Namibia AC	11.52	11.15	
4 Theophilus, Cassy	Namib Lions AC	11.44	11.24	
5 Appols, Gregor	University of Namibia AC	11.36	11.34	

Men 200 Meter Run Senior Men

Name	Team	Seed	Finals	Points
Section 1 Wind: 1.3				
1 Humann, Jurie	Qsb Windhoek Hochland AC		23.39	1
2 Nambudu, Filemon	Cheetah Athletics Club		23.43	1
3 Ashipala, Tangeni(T46)	Namibia Paralympic-Erongo		23.75	1
4 Shiluama, Sisel	Cheetah Athletics Club		24.93	1
5 Uamunika, Makuruze	Rietfontein Nys AC		25.14	1
Section 2 Wind: 0.8				
1 Balzer, Galvin	Namib Lions AC		22.56	2
2 Desiderius, Bonifatius	Ndf Athletics Club		23.02	2
3 Uuwanga, Naftal	University of Namibia AC		24.15	2
4 Isaac, Finety	University of Namibia AC		24.64	2
5 Josua, Abraham	Rietfontein Nys AC		25.71	2
Section 3 Wind: 1.3				
1 Theophilus, Cassy	Namib Lions AC		22.75	3
2 Bock, David	University of Namibia AC		22.80	3
3 Kandimba, Festus	University of Namibia AC		23.01	3
4 Nyambe, Sebastian	Ndf Athletics Club		23.64	3
5 Ngeno, Vaino	Cheetah Athletics Club		24.75	3
Section 4 Wind: 1.4				
1 Urikhob, Jessy	Nampol Athletics Club		21.87	4
2 Cloete, Valencio	University of Namibia AC		22.46	4
3 Krems, Lesego	Namib Lions AC		23.45	4
Section 5 Wind: 2.5				
1 Bock, Mahmad	University of Namibia AC		21.43	5
2 Kamuurumua, Sydney	Namib Lions AC		22.21	5
3 Theron, Konrad	Windhoek Gymnasium AC		22.86	5
4 Tjirmaba, Ismael	University of Namibia AC		22.97	5
5 Nekundi, Onesmus	University of Namibia AC		23.72	5

Men 400 Meter Run Senior Men

Name	Team	Seed	Finals	Points
Section 1				
1 Kandimba, Festus	University of Namibia AC		51.26	1
2 Uuwanga, Naftal	University of Namibia AC		54.47	1
3 Ashipala, Tangeni(T46)	Namibia Paralympic-Erongo		56.17	1
4 Kinda, Chris(T12) - guide	Namib Lions AC		56.35	1
5 Ndahangwapo, Totius	University of Namibia AC		1:00.81	1
Section 2				
1 Van Kradenburg, Eugene	Rehoboth Athletics Club		49.74	2

Coca Cola Regional Club Challenge Series 2020 Leg2 - 22/02/2020**CCRCCS-2-2020****Pareisis Sport Fileds****Results - AN-Session****Section 2 ... (Men 400 Meter Run Senior Men)**

	Name	Team	Seed	Finals	Points
2	Leevi, Stefanus	Olupale AC		51.16	2
3	Ngeno, Vaino	Cheetah Athletics Club		59.76	2
---	Taapopi, Andrew	University of Namibia AC		DQ	2

Section 3

1	Tjiviju, Even	Namibia Correctional Services		51.40	3
2	Nekundi, Onesmus	University of Namibia AC		52.80	3
3	Kawiwi, Enock	Namib Lions AC		52.87	3
4	Shimanda, Sam	Nampol Athletics Club		53.80	3
5	Matheus, Jacob	Ndf Athletics Club		54.71	3
6	Muyenga, Johannes	University of Namibia AC		55.62	3

Men 800 Meter Run Senior Men

	Name	Team	Seed	Finals	Points
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Section 1

1	Van Kradenburg, Eugene	Rehoboth Athletics Club		1:53.90	
2	Leevi, Stefanus	Olupale AC		1:54.80	
3	Mogotsi, Venericus	Namib Lions AC		1:55.80	
4	Muyenga, Johannes	University of Namibia AC		2:03.20	
5	Shimanda, Sam	Nampol Athletics Club		2:07.10	
6	Taapopi, Andrew	University of Namibia AC		2:09.10	
7	Nangolo, Festus	Rietfontein Nys AC		2:15.80	
8	Kamonde, Matias	Rietfontein Nys AC		2:19.40	
9	Tjitavi, Vijandamuje	Rietfontein Nys AC		2:24.90	
10	Ndjahera, Nguzuta	University of Namibia AC		2:28.00	
11	Shiweda, Lameck	Olupale AC		2:28.10	
12	Shilongo, Paulus	Ndf Athletics Club		3:23.20	

Men 110 Meter Hurdles Senior Men

	Name	Team	Seed	Finals	Points
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Section 1 Wind: 2.7

1	Dresselhaus, Gian	Windhoek Gymnasium AC		15.38	
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Men High Jump Senior Men

	Name	Team	Seed	Finals	Points
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Flight 1

1	Kairimuti, Immanuel	Golden Cheetah Athletics Club		1.80m	
2	Afrikaner, Dawid	Qsb Windhoek Hochland AC		1.75m	
3	Taukeni, Leigh	University of Namibia AC		1.60m	

Men Long Jump Senior Men

	Name	Team	Seed	Finals	Wind	Points
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Flight 1

1	Diergaart, Sandro	Nampol Athletics Club		7.39m	NWI	
2	Samuntu, Emmanuel	University of Namibia AC		7.12m	NWI	
3	Uuwanga, Naftal	University of Namibia AC		5.37m	NWI	
4	Namupala, Adelbert	Rietfontein Nys AC		5.11m	NWI	
5	Christian, Chalten	Rietfontein Nys AC		4.96m	NWI	

Coca Cola Regional Club Challenge Series 2020 Leg2 - 22/02/2020**CCRCCS-2-2020****Pareisis Sport Fileds****Results - AN-Session****Men Triple Jump Senior Men**

	Name	Team	Seed	Finals	Wind	Points
Flight 1						
1	Afrikaner, Dawid	Qsb Windhoek Hochland AC		13.86m	NWI	
1	Makari, Greg	University of Namibia AC		J13.86m	NWI	
3	Don, Andreas	Rehoboth Athletics Club		13.21m	NWI	
4	Wildschudt, Errol	Rehoboth Athletics Club		11.93m	NWI	

Men Shot Put Senior Men

	Name	Team	Seed	Finals	Points
Flight 1					
1	Van Wyk, William	Rehoboth Athletics Club		10.33m	
2	Tobias, David	Ndf Athletics Club		10.05m	
3	Shihepo, Simon(F37)	Namib Lions AC		9.49m	
4	Elias, Hafeni Annanias(F42)	Namibia Paralympic-Erongo		8.45m	
5	Ngairo, Albertus	Rietfontein Nys AC		7.43m	
6	Kamonde, Matias	Rietfontein Nys AC		7.18m	
7	Hafeni, Matti	Rietfontein Nys AC		6.64m	
---	Coena, Kuhn	Qsb Windhoek Hochland AC		DQ	
---	Breytenbach, Leeorr-el	Windhoek Gymnasium AC		DQ	

Men Discus Throw Senior Men

	Name	Team	Seed	Finals	Points
Flight 1					
1	Murambinda, Paul	University of Namibia AC		34.62m	
2	Shihepo, Simon(F37)	Namib Lions AC		28.75m	
3	Elias, Hafeni Annanias(F42)	Namibia Paralympic-Erongo		20.05m	
---	Breytenbach, Leeorr-el	Windhoek Gymnasium AC		DQ	
---	Coena, Kuhn	Qsb Windhoek Hochland AC		DQ	

Men Javelin Throw Senior Men

	Name	Team	Seed	Finals	Points
Flight 1					
1	Theunissen, Dirkie	Windhoek Gymnasium AC		46.67m	
2	Van Wyk, William	Rehoboth Athletics Club		42.22m	
3	Elias, Hafeni Annanias(F42)	Namibia Paralympic-Erongo		31.72m	