



ATHLETICS NAMIBIA

Ranking Series - 2020

Women

Rank	Name	Team	CCRCs1			Event	NCCC2020		CCRCs2			CGRCs3			Best WA Score
			Event	Perfmnc	WA Score		NCCC2020	WA Score	Event	Perfmnc	WA Score	Event	Perfmnc	WA Score	
1	Masilingi Beatrixe	QSB Windhoek Hochland Sport AC	400m	54.10	1046							400m	52.19	1119	1119
2	Mbonga Christine	QSB Windhoek Hochland Sport AC	400m	54.80	1020							400m	54.14	1045	1045
3	Jacobs Jolene	Windhoek Gymnasium AC										100m	12.14	963	963
4	Armas Alina	NDF AC				10000m	37:16.97	876							876
5	Shilongo Shivomwene	Namibia Correctional Services AC										1500m	04:46.3	862	862
6	Smeer Ida	QSB Windhoek Hochland Sport AC										HJ	1.60m	829	829
7	Klein-Nienaber Christlene	Swakop Striders AC										HJ	1.60m	829	829
8	Ishitile Lahjia	Namib Lions AC							100m	12.87	826	400m	65.49	663	826
9	Kauhonwa Lovisa Kandona	Cheetah Athletics Club	1500m	05:14.90	678							1500m	04:53.2	816	816
10	Fikunawa Hanganeni	University of Namibia AC	100m	13.30	750				100m	12.94	813	100m	13.44	726	813
11	Mweshamekange Indileni	Namibia Correctional Services AC				10000m	41:06.14	708				1500m	04:54.8	805	805
12	Vass Nandi	University of Namibia AC	200m	26.64	797				200m	26.80	783	200m	26.94	771	797
13	Angala Tuuliki	Cheetah Athletics Club	400m	61.30	794										794
14	Kangumba Zemburuka	University of Namibia AC							200m	26.77	786	200m	27.27	744	786
15	Humavindu Mbaandja	University of Namibia AC	200m	28..24	667				100m	13.09	786				786
16	Mayova Globine	Namibia Police AC	LJ	5.01m	785							LJ	4.56m	689	785
17	Amutoko Anna	NDF AC				10000m	39:17.89	785							785
18	lithete Frieda	University of Namibia AC							LJ	4.88m	757	LJ	4.94m	770	770
19	Minin Meriam	University of Namibia AC	LJ	4.36m	647				HJ	1.40m	639	HJ	1.50M	734	734
20	Le Roux Megan	Swakop Striders AC										HJ	1.50m	734	734

21	Jeremia Beata	Kakadhinwa Athletics Club									1500m	05:05.9	734	734			
22	#gom-Kaises Queen	Swakop Striders AC									100m	13.41	731	731			
23	Nangula Jade	University of Namibia AC							100m	13.43	728	100m	13.57	704	728		
24	Ekandjo Leena	NAMPOL AC				10000m	40:46.86	721							721		
25	Hanstein Lara	Triomf AC										LJ	4.70m	719	719		
26	Haitembu Ndawana	University of Namibia AC							200m	27.67	712	100m	13.55	707	712		
27	Silver Tuane	Windhoek Gymnasium AC									SP	11.05m	651	SP	11.97m	707	707
28	Haitope Ester	Namibia Correctional Services AC												1500m	05:10.3	706	706
29	Cloete Cay-Lee	Windhoek Gymnasium AC							TJ	9.92m	706	LJ	4.53m	683	706		
30	Klaasman Lilanie	NAMPOL AC												200m	27.78	703	703
31	Kujendeka Virginia	University of Namibia AC							SP	11.76m	694	SP	10.87m	639	694		
32	Botha Karlien	QSB Windhoek Hochland Sport AC	SP	10.14m	594				SP	11.33m	668	DT	39.31m	692	692		
33	Ludgerus Johanna	Namibia Correctional Services AC												100m	13.66	689	689
34	Bruyns Jamey	Swakop Striders AC												LJ	4.56m	689	689
35	Daniels Whitney	Rehoboth AC							HJ	1.45m	687	HJ	1.45m	687	687		
36	Huber Xu	QSB Windhoek Hochland Sport AC	100m	14.63	538				100	13.72	679	400mh	01:24.9	424	679		
37	Tjingaete Silba	NDF AC							200m	28.46	650	200m	28.3	662	662		
38	Botha Porsche	Windhoek Gymnasium AC									TJ	9.40m	655				655
39	Els Wilme	Swakop Striders AC												JT	36.99m	654	654
40	Rukoro Fabiola	University of Namibia AC	LJ	4.33m	641				LJ	4.37m	649	LJ	4.32m	639	649		
41	Ihatji Rhovisa	National Youth Service AC	200m	31.01	470				400m	1:06.11	645				645		
42	Linus Penny	University of Namibia AC												LJ	4.30m	635	635
43	Nambambi Theresia	University of Namibia AC	LJ	4.20m	614				LJ	4.10m	593	LJ	3.90m	551	614		
44	Uandara Uui	Tsaraxa-Eibes AC												100m	14.26	593	593
45	Louw Demi	University of Namibia AC							SP	10.04m	588				588		
46	Ipinge Helena	NDF AC				10000m	44:05.89	588							588		
47	Van Wyk Jame	Rehoboth AC	LJ	4.05m	582										582		
48	Ingashipola Lindaw	Olupale AC							200m	29.53	571				571		
49	Lewin Ze-zane	University of Namibia AC												100mH	18.12	561	561
50	Riet Simonea	University of Namibia AC												200m	29.91	544	544
51	Prinsloo Madelyn	Swakop Striders AC												SP	9.31m	543	543
52	Hango Josephine	Olupale AC							200m	29.97	540				540		
53	Albert Elizhia	Swakop Striders AC												400m	69.97	536	536

54	Botha Mianey	Windhoek Gymnasium AC							SP	9.17m	535				535
55	Van Der Merwe Adri	Swakop Striders AC										JT	29.20m	511	511
56	Huber Cindy	QSB Windhoek Hochland Sport AC	1500m	06:15.99	360				400m	1:12.26	477				477
57	Ndara Rosalia	National Youth Service AC	200m	31.56	435										435
58	Nderura Ingrid	Omaruru AC										800m	02:50.5	434	434
59	Kandonga Assera	National Youth Service AC	200m	32.08	403				200m	31.57	434				434
	Katjumune Jessica	National Youth Service AC							100m	15.39	432				432
	Xo Cindy	QSB Windhoek Hochland Sport AC										400mH	01:24.7	427	427
	Akukothela Rachel	NDF AC				10000m	48:41.12	426							426
	Prinsloo Karina	Swakop Striders AC										SP	7.32m	421	421
	Block Zaylette	QSB Windhoek Hochland Sport AC										400m	01:15.1	407	407
	Johannes Veronica	National Youth Service AC	LJ	3.18m	401										401
	Shapwa Victoria	Namibia Correctional Services AC							800m	2:54.60	391				391
	Shivolo Sylvia	Namibia Lions AC	SP	5.37m	301				SP	5.96m	375	SP	5.70m	321	375
	Kuppe Hella	QSB Windhoek Hochland Sport AC							SP	6.58m	375	SP	6.17m	350	375
	Katjimune Matia	National Youth Service AC	100m	15.87	372										372
	Uunona elizabeth	National Youth Service AC	200m	32.68	368				400m	1:17.59	351				368
	Haitekula Martha	Namib Lions AC							SP	5.15m	588	SP	5.05m	282	288
	Hailonga Ester	Namibia Paralympics										SP	5.16m	288	288
	Namupala Alma	Namibia Correctional Services AC							800m	3:12.20	229	800m	3:09.76	249	249